

WEEKLY

FITNESS

SCHEDULE

MAY 16 – AUGUST 1

MON	TUES	WED	THURS	FRI
SPIN 6:15 AM STUDIO 1 KRYSTIN	STRETCH 6:15 AM STUDIO 2 KYLEIGH	SPIN 6:15 AM STUDIO 1 KRYSTIN	CORE YOGA 6:15 AM STUDIO 2 KRYSTIN	
SPIN 5:00 PM STUDIO 1 JANIE	SPIN 5:00 PM STUDIO 1 JANIE	POMS 5:00 PM STUDIO 2 AVA	STRETCH 5:00 PM STUDIO 2 KENNEDY	
LIT & FIT 7:00 PM STUDIO 2 ANAYA	STRETCH 7:00 PM STUDIO 2 ANAYA	LIT & FIT 7:00 PM STUDIO 2 ANAYA	AB CITY 7:00 PM STUDIO 2 KENNEDY	

Scan the QR to check out the current schedule, get access to our on-demand offerings, and sign up for classes!

