Censorship artwork wins blue ribbon

Karen Potter
Features Writer

The JSU art instructors had a mission last week. Surrounded by pieces ranging from a black Styrofoam cup assemblage entitled “29,” to a stuffed figure with the Capitol building for a head and Madonna issue of Playboy in hand, the art staff had to name their picks and pans. It wasn’t easy.

The Annual Juried Student Show opened April 2, and remains open until April 12. Marvin Shaw, assistant professor, said the art department staff had to choose which art students’ pieces would decorate the Hammond Hall Gallery walls, and then decide which pieces were award winners.

“It was the hardest thing we have ever done,” Shaw said. “We struggled to select the show. We had to sit down and discuss every (piece.)” He also said judges had picked winners in past shows within 15 or 30 minutes. “(With) the caliber of this show, of every piece, we could not do that. It was to the point of (saying), ‘well, let’s just not give any (prizes).’” Shaw said, “Every piece that’s hanging could have easily gotten an award.”

Art department head Charles Groover said, “This is as good (a show) as any in the country — it’s better than most.”

Groover agreed judging and discriminating between so many good entries was difficult. “Jurying bad work is easy,” he said.

Winning awards were John Sanders, who got a first place ribbon for “Arch.” Sanders said, “I almost didn’t enter that piece. I was surprised when I walked in, and they told me I won a ribbon.”

Glen Bryant, another blue ribbon winner, had reservations about his piece’s ability to win a prize. Bryant said, “(Pridey Papal Pot) didn’t come out quite as well as I expected it.” He also said he had entered two others, hoping at least one would win, but he thought Pridey Papal Pot was the worst of all three.

Awards were given for every media category, as well. Elizabeth Armstrong, 19-year-old soph, took the “Best of Show” grand prize for her work entitled “Certain Inalienable Rights.”

Armstrong’s work focuses on a stuffed suit whose head is the Capitol building. On his desk sits an “IN” basket containing two Bibles, and an “OUT” basket containing such controversial as “Uncle Tom’s Cabin.”

Armstrong said, “The assignment was to make a metaphorical statement, and this was something I felt strongly about. The figure isn’t exactly the American government, but rather one who’s been given the right to be the one that censors.”

She also said she had anticipated some viewers to take offense at her piece, but said, “Everybody liked it.”

JSU students taking FCS 335 recently exhibited their design abilities by creating window displays at various stores.

Students participated in the window design as part of a class project. Among the various store window displays they designed are Mr. Michael’s Gown and Tuxedo Rental & Sales Inc., the Corner Closet and Houston Cole Library.

Linda Chandler, an FCS instructor, said the displays project was a success. “The project gave our students experience in building fashion displays.”

Holocaust ceremony held today

Irina Antonyan & Heather Parks
Features Writer

For most people of today’s generation, the Holocaust is only a page in the history books, but for others, the victims, it is a reality — a ghost which continues to haunt all.

It is for those victims, the six million people who were slaughtered by Nazis during World War II, the U.S. Holocaust Memorial Council was created. As has been a tradition for eight years, the SGA and Memorial Council will host a commemoration again this year.

Organizers Linda Cain, Teresa Suco and Steve Whitton make up the faculty committee for the event. Bob Ford, Baptist Campus Minister, and Clinton Baker, SGA representative, will also help with the commemoration.

Cain said, “I think it’s very possible that this could happen again. I think if we know about it, and how bad it can be, maybe we won’t repeat it.”

Featured in today’s commemoration are Hyman Gordon and Rudy Kemp, of Anniston’s Beth-El Temple, who will sing the traditional Jewish lamentation Kaddish. Beth-El Temple Rabbi Raskind will be the guest speaker.

Student speaker is Lisa Urban, who will recite various Terezin poems.

Today’s commemoration is at 7 p.m. in the Stone Center Theatre.

Dietitian offers hints for healthy dieting

Krista Cavender
Copy Editor

Got any extra pounds you want to shed? Well, this is the perfect time to start trying to lose weight as April is National Diet Month. Of course, there is a wrong way and a right way to lose those unwanted pounds and inches, and a local dietitian offers some suggestions.

Natalie Maniscalco, a registered dietitian and nutrition counselor with the Anniston Medical Clinic, said, “I don’t think there is a perfect diet because there are no perfect people.”

Maniscalco objects to the use of fad diets, including mixes, and encouraged people to be cautious when choosing their diets.

“People need to lose weight the same way they intend to eat for the rest of their lives.”

She said when people are losing weight quickly or are skipping meals, they are not eating properly. “In a way, you are putting your body in a starvation state and you are signaling to your body that there is no food coming in. Therefore, you are slowing all your bodily functions down.”

Maniscalco also said skipping meals would encourage people to eat more when they did eat, and would not promote weight loss.

According to Maniscalco, exercise is a key factor to dieting. “Dieting without exercise will work for a while, but it will not work forever.” She encouraged anyone already engaged in exercise.

Maniscalco warned against the low-calorie fad diets unless you can continue the diet for the rest of your life.

“When you finish losing weight (by using a fad diet) and want to maintain your weight, if you go back to eating properly, there’s a good chance you’re going to gain the weight back.”

Maniscalco said depriving the body of some of the essential nutrients it needs will change your metabolism and can make weight loss harder.

“For example, when you are stranded on a desert island, and your body realizes there are not enough...