

# One's Daily Schedule

7:30-8:00 Morning Drop off /Breakfast

8:00-8:30 Diapers and Centers

8:30-9:00 Gross Motor

9:00-9:15 Snack Time

9:15-9:30 Diapers and Centers

9:30-9:45 Nature Walk

9:45-10:15 Playground

10:15-10:30 Cups, Diapers, and Washing hands

10:30-10:45 Circle Time

10:45-11:15 Sensory, Science Activity or Craft

11:15 -11:45 Lunchtime

11:45-12:00 Diapers and Story time transition

12:00-2:00 Naptime

2:00-2:15 Wake up and Diapers

2:15-2:30 Snack Time

2:30-3:00 Playground /Nature Walk

3:00-3:15 Diapers and Cups and washing hands

3:15-3:45 Afternoon Circle time

3:45-4:00 Afternoon Activity

4:00-4:15 Afternoon Music and Movement

4:15-4:30 Diapers and Centers

4:30-4:45 Free Play

4:45-5:00 Before Pick up Diaper check

5:00-5:15 Final Snack

5:15-5:30 Combine Time

5:30 -6:00 Free/Play and Pick up