

## REQUIREMENTS FOR BASIC LIFE SUPPORT (BLS) CERTIFICATION

All students enrolled in the upper division of nursing must maintain and show proof of Basic Life Support certification. Acceptable proof is a valid and current card issued by an American Red Cross (ARC) or American Heart Association (AHA) approved provider. This card is also referred to as a CPR card. Upon entry into the program and at the beginning of each semester, students must show the CPR card to the instructor on the first day of class.

Only American Red Cross (ARC) or American Heart Association (AHA) approved provider training is acceptable for the BSN program. The acceptable ARC training is "**CPR/AED for Professional Rescuers and Health Care Providers**", the acceptable AHA training is "**BLS for Healthcare Providers**". Be sure the training you receive is one of those two! CPR training that does not include hands-on training and skills verification is NOT acceptable! On-line internet based training that does not include hands-on skills training and verification, and/or does not provide you with an AHA or ARC card documenting the appropriate training cannot be accepted! Call the College of Nursing Student Services at 782-5276 if you have any questions.

Below is a listing of several certifying agencies within the area who offer CPR training. You may choose to arrange for your training with one of the agencies below or with another agency of your choice. Agencies typically charge to take the course – commonly \$50.00 or more. Regardless of where you choose to receive your CPR training, **it must be an ARC or AHA approved program** and the training must cover all of the following components:

- *Adult*: one and two rescuer CPR
- *Adult*: conscious and unconscious foreign body airway obstruction
- *Child*: CPR
- *Child*: conscious and unconscious foreign body airway obstruction
- *Infant*: CPR
- *Infant*: conscious and unconscious foreign body airway obstruction
- Use of pocket mask and bag-valve mask for ventilation
- Use of Automatic External Defibrillator (AED)

### **Gadsden Area:**

Gadsden State Community College (256-549-8689)  
American Red Cross, 405 South First Street, Linda Smith – (256) 547-8667  
Riverview Regional Medical Center, Education Department, Sandra Lee – (256) 543-5200  
Mr. Pat Brown - (256) 549-8689  
Mr. Brandon Beck – (256) 454-2177

### **Anniston – Jacksonville Area:**

Southeast Educational Services (256-239-7495)  
JSU Continuing Education Department (256) 782-5918  
RMC Center for Occupational Health (256) 741-6464  
Anniston EMS (256-236-6005 ext. 103)  
Mr. David Conde: (256) 591-4984  
American Red Cross, Elaine Nelson (256) 236-0391  
Stringfellow Hospital, Education Department, Lisa Stefanov (256) 235-8900  
Anniston Parks and Recreation (256) 231-7627 or (256) 831-5913  
Anniston Fire Department (256) 231-7644  
YMCA, Carrie Smith (256) 238-9622  
Tim Tucker – Oxford EMS (256) 310-9342)

### **Other:**

EMS Training Center, Duncanville (205) 454-5520  
Floyd Medical Center, Rome (706-509-5786)  
Faithful Guardian LLC, Villa Rica (770-214-2252)  
Northeast Alabama Community College, Rainsville (256-228-6001)

**Word to the wise: Don't wait until the last minute to arrange your training!**