

APOSTC Firearms Instructor Development Course

FIDC 1 – Coaching Marksmanship



Northeast Alabama Law Enforcement Academy Presents Firearms Instructor Development Course

This course is designed to improve a firearm instructor's ability to develop a shooter's marksmanship potential. While many concepts can be carried over to other weapon systems, this course focuses on the duty pistol.

Course topics include:

- How the brain functions when learning and developing skills
- Practice methods that maximize performance
- Applying the field of Performance Science to law enforcement firearms training
- Coaching techniques and strategies, to include providing feedback
- Developing basic abilities in finger/hand dexterity and vision skills
- A principle-based approach to marksmanship fundamentals
- A shooter-friendly framework for developing marksmanship skills
- Effective dry practice principles
- Diagnosing and prioritizing marksmanship errors
- A new brain-based approach to target analysis

Note: See second page for student equipment

PLEASE NOTE: While shooting does occur both days, this course is not a "shooting" course. It is an instructor development course. Both days are spent focusing on instructional skills, with time being split between classroom and range activities.

When: Oct 2 & 3, 2019

Time: 8:00AM 5:00PM both days

Cost: FREE

Where: Northeast AL Law Enforcement Training Center
8506 Roy Webb Rd,
Piedmont, AL 36272

*******Pre-requisite*******

****** All students must be either FBI, NRA, or FLETC Certified Firearms Instructors ******

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EQUIPMENT & LUNCH

- **NOTE: Students should pack food for a short lunch on-site each day.**
- Duty Gear
 - o Duty Holster & Magazine Pouches. NO floppy or insecure holsters.
- Duty Pistol with four (4) magazines (minimum)
- 500 pistol rounds
- Binoculars
- HUDL Techniques App (free) downloaded on phone
 - o Or similar slow-motion video app
- Eye Protection
- Hearing Protection
- Cap with bill
- Sunscreen, Drinks, Snacks, etc.