# **APOSTC Firearms Instructor Development Course**



FDIC 1 - Coaching & Marksmanship

This course is designed to improve a firearm instructor's ability to develop a shooter's marksmanship potential. While many concepts can be carried over to other weapon systems, this course focuses on the duty pistol.

## Course topics include:

- How the brain functions when learning and developing skills
- Practice methods that maximize performance
- Applying the field of Performance Science to law enforcement firearms training
- Coaching techniques and strategies, to include providing feedback
- Developing basic abilities in finger/hand dexterity and vision skills
- A principle-based approach to marksmanship **fundamentals**
- A shooter-friendly framework for developing marksmanship skills
- Effective dry practice principles
- Diagnosing and prioritizing marksmanship errors
- A new brain-based approach to target analysis



When: December 13 & 14, 2021

Time: 8AM - 5PM

Cost: Free

Where: Wiregrass Public Safety Center

2120 Ennis Road Dothan, AL 36303

**PLEASE NOTE: While shooting does** occur, this course is not a "shooting" course. It is an instructor development course. Both days focus on instructional skills, with time being split between classroom and range activities.

\*\*\*\*\*Pre-requisite\*\*\*\* All students must be either FBI, NRA. or FLETC Certified

Firearms Instructors

Note: See second page for course information.

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# FDIC 1 - Coaching & Marksmanship

# \*\*\*\*\*Pre-requisite\*\*\*\*

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### STUDENT EQUIPMENT

- Duty Gear
  - o Duty Holster & Magazine Pouches. NO floppy unsecured holsters.
- Duty Pistol with four (4) magazines (minimum)
- 500 pistol rounds
- Binoculars
- HUDL Techniques App (free) downloaded on phone
  - o Or similar slow-motion video app
- Eye Protection
- Hearing Protection
- Cap with bill
- Sunscreen, Drinks, Snacks, etc.

# **Course Contact:**

Brian Staude bstaude@jsu.edu (256) 782-5318

### **Location Site Contact:**

Lt. Jason Penn O(334) 615-3684 C (334) 796-7316

### **Hotel Recommendations:**

Comfort Inn and Suites 2227 E. Main St.
Dothan, AL 36303 (334) 792-7778 (334) &92-7786
Group rate is \$92.00 for King or (2) Queen room.
Group discount code is **APOST** and they need to use it for group rate.
Reservations must be made before 12/03/19