

# APOSTC Firearms Instructor Development Course



## Northeast Alabama Law Enforcement Academy Presents Firearms Instructor Development Course

This course is designed to improve a firearm instructor's ability to develop a shooter's marksmanship potential. While many concepts can be carried over to other weapon systems, this course focuses on the duty pistol.

### Course topics include:

- How the brain learns and develops skills
- Practice methods that maximize performance
- Applying the Performance Science to firearms training
- Coaching techniques and strategies
- Developing hand dexterity and vision skills
- A principle-based approach to marksmanship
- A shooter-friendly framework for marksmanship
- Effective dry practice principles
- Diagnosing and prioritizing marksmanship errors
- A new brain-based approach to target analysis
- **Note: See second page for student equipment**



**When:** April 14 - 15, 2021

**Time:** 8:00AM 5:00PM  
both days

**Cost:** FREE

**Where:** FOP Range  
3710 River Road  
Selma, AL 36701

**PLEASE NOTE:** While shooting does occur both days, this course is not a "shooting" course. It is an instructor development course. Both days are spent focusing on instructional skills, with time being split between classroom and range activities.

**\*\*\*\*\*Pre-requisite\*\*\*\*\***

**\*\*\*\* All students must be either  
FBI, NRA, or FLETC Certified  
Firearms Instructors \*\*\*\***

# APOSTC Firearms Instructor Development Course

## FIDC 1 – Coaching Marksmanship

### \*\*\*\*Pre-requisite\*\*\*\*

\*\*\*\* All students must be either FBI, NRA, or FLETC Certified Firearms Instructors \*\*\*\*

### EQUIPMENT & LUNCH

- **NOTE: Students may want to pack food for lunch on-site each day. Some facilities are not near Restaurants.**
- **Duty Gear**
- Duty Holster & Magazine Pouches. NO floppy or insecure holsters.
- Duty Pistol with four (4) magazines (minimum)
- 500 pistol rounds
- Binoculars
- Slow-motion video app on Smart phone
- Eye Protection
- Hearing Protection
- Cap with bill
- Sunscreen, Drinks, Snacks, etc.