Physical Education Degree

The mission of the Physical Education Teacher Education (PETE) program is to promote the highest quality of education to undergraduate students, and ensure they are prepared to achieve their full potential as beginning effective teachers in physical education at the elementary and high school setting.

Physical Education:

Students who meet the requirements for the degree program in Physical Education will be eligible to apply for a Baccalaureate level Professional Certification, and will be qualified to teach Physical Education in grades P through 12 in a public or private school setting. They may also be asked to coach a variety of sports at the middle school and high school levels.

The PETE program at JSU offers pre-service teachers a variety of hands-on experiences with K-12 students to develop their knowledge, skills, and dispositions needed to successfully teach at all levels.

Bachelor of Science Degree in Physical Education:

Core Courses:

Courses in the PETE Teaching Field:

- **BY 263**: Anatomy & Physiology (4 hrs)
- **HPE 109**: Concepts of Wellness (2 hrs)
- **HPE 101**: Introduction to HPE (2 hrs)
- **HPE 232**: Sports Safety & First Aid (2 hrs)
- **HPE 270**: Teaching Individual and Dual Sports (3 hrs)
- **HPE 280**: Teaching Team Sports (3 hrs)
- **HPE 290**: Teaching Lifetime Activities (3 hrs)
- **HPE 362**: Kinesiology (2 hrs)
- **HPE 400**: Exercise Physiology (3 hrs)
- **HPE 415**: Biomechanics (2 hrs)
- **HPE 460**: Motor Development (2 hrs)
- **HPE 150-158**: Aquatics (1-3 hrs)
Bachelor of Science Degree: Physical Education Teacher Education

Students must successfully complete HPE 270, 280, and 290, and be admitted into the College of Education before enrolling in the Physical Education Teacher Education Program (PETE).

Concentration Areas

Students may seek a “Concentration Area” as well as their BSE degree in Physical Education. This may make the pre-service teacher more marketable in the P-12 public and private school setting.

- Coaching Concentration for Middle School and High School Athletics
- Adapted Physical Education Concentration P-12.
- Community Health Concentration

PETE Methods Courses
(The following courses are to be taken in a block sequence)

HPE 409- Methods of Teaching PE P-5
3 hrs
HPE 410- Methods of Teaching PE 6-12
3 hrs
HPE 411- Practicum in PE P-12
3 hrs
HPE 451- Tests and Measurements in PE
3 hrs
HPE 462- Best Practices in PE
3 hrs

Internship in PETE
(Students must be cleared through the Office of Clinical Experiences before applying for Internship)

HPE 482- Seminar in Physical Education
3 hrs
HPE 495- Internship in Grades P-12
9 hrs

Physical Education Faculty

- Dr. Roland Thomburg, Professor, Undergraduate Program Chair
- Dr. Kory Hill, Assistant Professor, Graduate Program Chair
- Ms. Lori Thomburg, Instructor
- Ms. Abby Fleetwood, Instructor
- Dr. Margaret Pope, Professor Emeritus

“Developing knowledge, skills and dispositions through hands-on experiences.”

Jacksonville State University
Department of Health, Physical Education and Recreation

Physical Education Degree

http://www.jsu.edu/depart/edprof/hper/