MASTER OF SCIENCE IN EDUCATION
MAJOR: PHYSICAL EDUCATION
CONCENTRATION: NUTRITION (non-teacher certification)

Core Requirements (12 semester hours):
HPE 537  Issues & Trends in Wellness & Sport Studies (3)
HPE 540  Law and Ethics in Wellness & Sport Studies (3)
HPE 553  Applied Exercise Physiology I (3)
HPE 578  Research in Wellness and Sport Studies (3)

Nutrition Concentration (18 semester hours):
HPE 531  Clinical Cardiopulmonary Physiology (3)
OR
HPE 554  Applied Exercise Physiology II (3)
HPE 539  Diet and Performance (3)
HPE 590  Directed Study in Wellness & Sport Studies (3)
FCS 536  Advanced Nutrition Therapy (3)
FCS 537  Advanced Methods of Nutritional Assessment (3)
FCS 538  Critical Issues in Nutrition and Food Science (3)

30 Graduate Semester Hours Required for this Degree

Notes:
Admission to this program requires completion of a fourth-year (Bachelors) degree in Exercise Science, Nutrition, or a closely related field.

The graduate concentration in Nutrition at Jacksonville State University is designed to prepare students for advanced study in nutrition and future employment in the field of nutrition and related careers in wellness and corporate fitness. Special attention is also given to knowledge and skills necessary for students preparing for the ISSN Certified sport Nutrition exam and potentially preparing for a program leading to becoming a Registered Dietitian. The Nutrition program prepares graduates for interaction with both healthy active populations and populations that are affected by chronic diseases (e.g., CVD, Diabetes) and the impact of nutritional interventions in these populations.