### AREA I – Written Composition (6 Hrs in Sequence)

- (3) EH 101 English Composition I
- (3) EH 102 English Composition II

### AREA II – Humanities & Fine Arts (12 Hrs)*

*Students must complete a 6-hour sequence in either Literature or History with a minimum of 3 semester hours in Literature and History.

- (3) EH 144 Oral Communication (3 Hrs)

Select three of the following courses: (9 Hrs)

- (3) Ar 202 Art Appreciation
- (3) DR 242 Introduction to Theatre
- (3) EH 201 American Literature I
- (3) EH 202 American Literature II
- (3) EH 203 Survey of English Literature I
- (3) EH 204 Survey of English Literature II
- (3) EH 219 Honors English Literature I
- (3) EH 220 Honors English Literature II
- (3) EH 231 World Literature I
- (3) EH 232 World Literature II
- (3, 3) FH 101/102 Beginner’s French
- (3, 3) FH 201/202 Intermediate French
- (3, 3) SH 101/102 Beginner’s Spanish
- (3, 3) SH 201/202 Intermediate Spanish
- (3) MU 233 Introduction to Music

### AREA III – Natural Sciences & Mathematics (11 Hrs)

Science Sequence – (8 hrs)

- (4) BY 101/103L General Biology/Lab
- (4) BY 102/104L General Biology/Lab
- (4) CY 105/107L General Chemistry/Lab
- (4) CY 106/108L General Chemistry/Lab
- (4) GL 241/243L Geology/Lab
- (4) GL 242/244L Geology/Lab
- (4) GY 250/252L Geography/Lab
- (4) GY 251/253L Geography/Lab
- (4) PHS 201/211L College Physics/Lab
- (4) PHS 202/212L College Physics/Lab
- (4) PHS 211/211L Physics Scientists/Engineers
- (4) PHS 212/212L Physics Scientists/Engineers

Mathematics – (3 hrs)

- (3) MS 112 Precalculus Algebra (or higher)

### AREA IV – History, Social & Behavioral Sciences (12 Hrs)*

*Students must complete a 6-hour sequence in either Literature or History with a minimum of 3 semester hours in Literature and History.

- (3) AN 224 Introduction to Anthropology
- (3) EC 221 Principles of Microeconomics
- (3) EC 222 Principles of Macroeconomics
- (3) GY 120 World Regional Geography
- (3) GY 220 Human Geography
- (3) HY 101 Western Civilization I
- (3) HY 102 Western Civilization II
- (3) HY 201 American History I
- (3) HY 202 American History II
- (3) PSC 100 American Government
- (3) PSY 201 Principles of Psychology
- (3) PSY 222 Human Development
- (3) SY 221 Introduction to Sociology

### AREA V – Pre-Professional, Major, Minor & Electives

#### Pre-Professional Studies (20 Hrs)

- (3) HPE 109 Concepts of Wellness
- (1) HPE 165 Intro to ESW
- (3) HPE 209 Est. of Human Performance
- (3) FCS 215 Introduction to Nutrition or
- (3) FCS 322 Nutrition
- (3) CS 201 Intro. to Data Processing or
- (3) TEC 201 Microcomputers
- (3) MS 204 Basic Statistics or
- (3) SY 304 Social Statistics
- (4) BY 263 Human Anatomy & Physiology

*BY 263 may substitute for BY 102/104. If this is not the case, the student will require more than 128 hrs. to graduate.

#### Professional Studies (43 Hrs)

- (2) HPE 232 Sports Safety & First Aid
- (3) HPE 272 Basic Athletic Training
- (3) HPE 301 Fitness Management
- (3) HPE 350 Intro to Personal Training
- (2) HPE 362 Kinesiology
- (3) HPE 375 Therapeutic Ex & Modalities
- (3) HPE 388 ESW Research Seminar
- (3) HPE 400 Exercise Physiology
- (3) HPE 405 Scientific Prin of Conditioning
- (3) HPE 406 Physical Fitness Techniques
- (3) HPE 415 Biomechanics
- (3) HPE 440 Fitness Testing
- (3) HPE 441 Design of Wellness Programs
- (6) HPE 465 Practicum in ESW

#### Minor and General Electives with approval of Advisor (24 Hrs)**

- (3)
- (3)
- (3)
- (3)
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- (3)
- (3)
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**Minors are required and may be selected from any field in which minors are offered except for Physical Education.

**NOTE:** Of the 128 Total Semester Hours, 52 must be at the 300 level or above, 64 must be completed at a 4-year institution, and 32 must be earned from JSU. Students must maintain a minimum 2.50 GPA, pass the ECE, and take the CBASE in order to meet graduation requirements for an ESW degree. The catalogue of record is the official document determining graduation requirements.