Family and Consumer Sciences (FCS) is an interdisciplinary field that integrates diverse content areas such as nutrition, clothing, housing, interpersonal relationships, child and lifespan development, and resource management into a cohesive body of knowledge that addresses issues facing individuals and families in an ever-changing world.

The goal of the Department of Family and Consumer Sciences is to provide students with the knowledge and skills necessary to become professionals capable of contributing to an enhanced quality of life for individuals, families, and communities. Degree programs include: (1) a Bachelor of Science in Education (B.S.E.) in Family and Consumer Sciences and (2) a Bachelor of Science (B.S.) in Family and Consumer Sciences with concentrations in Child Development, Dietetics, Human Sciences, Merchandising, or Hospitality and Culinary Management. Minors offered include: Child Development, Family and Consumer Sciences, Merchandising, Nutrition and Foods, and Hospitality and Culinary Management.

In addition to the two undergraduate degrees, a Master of Science in Education (M.S.Ed.) with a teaching field in Family and Consumer Sciences and an Alternative Fifth-Year Program Master of Science in Education with a teaching field in Family and Consumer Sciences have been explored with a projected start date of fall 2009.

Undergraduate students in Family and Consumer Sciences Education will be eligible to apply for a Baccalaureate–level Professional Certificate to teach Family and Consumer Sciences curricula in middle and secondary schools. FCS education graduates are also qualified for positions in cooperative extension and business.

The Child Development Concentration offers the academic background and field experiences necessary to understand and work with children and their families. The curriculum is designed to prepare students for Child Development-related careers such as Child Care Facility Director, Teacher’s Assistant in Public Kindergarten, Social Service Agency employee, After-School Program Coordinator, and others. The Department of Family and Consumer Sciences houses the Dr. Cynthia H. Harper Child Study Center located in Mason Hall. The Center supports the instructional goals of the department and provides students and faculty opportunities for study and research related to the child. The purpose is twofold: to provide students enrolled in University courses opportunities to work with children in the preschool setting; and to provide children enrolled in the Center an environment which promotes optimum development.

The Dietetics Concentration provides students the opportunity to complete the academic requirements for becoming Registered Dietitians. Graduates of the program must complete external Dietetic Internships approved by the Commission on Accreditation of Dietetic Education and pass a national examination to receive Registered Dietitian (R.D.) credentials. Career opportunities for Registered Dietitians include clinical and administrative positions in health care, community health, school nutrition programs, industry, and institutional foodservice operations.

Human Sciences students gain the educational background needed for a variety of human and
community service positions including those in the cooperative extension service, business public relations, and social service agencies. Human Sciences graduates also find positions as youth guidance counselors, USDA Food Assistance Program Specialists, after-school program directors, and summer camp directors.

The Merchandising concentration is designed to provide students with a basic understanding of merchandising in the apparel and textile industry. A few of the exciting careers available to merchandising graduates include retail buying, store and department management, event and fashion show planning, product development, and apparel manufacturing.

The Hospitality and Culinary Management Concentration is designed to prepare students for culinary positions in the Tourism and Hospitality Industry. Graduates typically find employment opportunities as restaurant managers, facility designers, marketing managers, and sales representatives, to name a few. According to the U.S. Bureau of Labor Statistics, the numbers of culinary jobs and other Family and Consumer Sciences–related jobs are projected to increase from 9 to 11% through 2016.

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Dr. Jeff Chandler Named Fellow of the North American Society of Health, Physical Education, Recreation, Sport, and Dance Professionals

Established in 1999, the North American Society (NAS) recognizes outstanding professionals from within the allied professions of health education, physical education, recreation, sport and dance in North America. Dr. Jeff Chandler, Department Head of Health, Physical Education and Recreation at JSU, was inducted as a Fellow of the NAS at the American Alliance for Health, Physical Education, Recreation, and Dance 2009 Annual National Conference in Tampa, FL.

Fellowship in the North American Society of Health, Physical Education, Recreation, Sport, and Dance Professionals acknowledges professionals who demonstrate competence in the field through professional involvement over a period of at least 20 years. Areas of competence include service as an educator in a community or educational setting, administration within the public or private sector within any community or educational setting, significant contributions to the professional literature within their discipline, significant contributions to the scholarly literature within their discipline, and sustained involvement in leadership activities within their discipline.

Dr. Jeff Chandler has served as Professor and Department Chair of Exercise Science, Sport, and Recreation at Marshall University, Huntington, WV. He served as the Director of Sports Medicine Research at the Lexington Clinic Sports Medicine Center. Dr. Chandler is the current Editor in Chief of Strength and Conditioning Journal, a position he has held since 1988. He is a Fellow of the American College of Sports Medicine and a Fellow of the National Strength and Conditioning Association. He is a certified strength and conditioning coach (with distinction) CSCS*D, and a certified personal trainer (with distinction) NSCA-CPT*D through the National Strength and Conditioning Association. Dr. Chandler has made numerous publications and presentations in the field.
Ms. Christy Crosson

Ms. Christy Crosson is a junior majoring in collaborative/special education, K–6. Not only have we managed to keep her busy with her studies, but she manages to keep herself occupied helping fellow students with assignments as appropriate.

Ms. Crosson was elected as President of the Student Council for Exceptional Children (SCEC) for the 2008-2009 school year. During her tenure as president, she has spearheaded fundraisers for the SCEC organization. These fundraisers included 2 bake sales, a candle sale and she is currently overseeing a drive to sell Sally Foster products. The funds for these products helped fund the student chapter’s trip to the annual AFCEC Superconference.

While attending the conference, Ms. Crosson not only volunteered to help the AFCEC Board with supervisory duties, but she also managed to find the time to enter the statewide poster contest, sponsored by the AFCEC Board. She not only entered the contest, but she won first place.

“Exceptional” Performance by Student CEC Membership at the AFCEC Conference

Eight undergraduate SCEC members and one graduate member from JSU attended the Alabama Federation of the Council for Exceptional Children (AFCEC) Superconference in Birmingham on February 6-7. Christy Crosson, Krystin Smith, Amy Crowe, Kristy Barnes, Wendy Woodfin, Ashley Smith, Ashton Spinks, Michael Richardson, Lori Gilbert, along with Sapheria Postell (Family and Consumer Sciences) and DeAnna Highfield (Fall 2008 Graduate, 2007-2008 President) attended conference sessions, worked registration, and participated in two poster sessions. Ashley Smith’s poster, “Assistive Technology for Children with Autism,” won first place in session II and Christy Crosson’s poster, “Therapy Animals,” won first place in Session III at the undergraduate level. Lori Gilbert’s poster, “Chromosome 22q11.2 Deletion: Meeting the Needs of a Syndrome You Have Never Heard About,” won first place in Session III at the graduate level. For 3 years in a row, a JSU student has won first place in the student poster contest.

Christy Crosson and DeAnna Highfield participated with Dr. Teresa Gardner, JSU chapter advisor, in a panel presentation entitled Organizing a Student Chapter at the Post Secondary Level, on February 6, where students discussed their individual roles in promoting SCEC chapter membership, participation, service activities, fundraising activities, and conference attendance.
Ms. Lauren Davis was awarded “The New Teacher of the Year” award by Union Elementary School, Paulding County, Georgia on March 27, 2009.

In a letter written to nominate her, Ms. Stephanie Leathers stated, “Ms. Davis challenges her students to do the very best of their ability. She has made a memorable mark on several young minds in her first year of teaching. She is dedicated to each student on an individual level.”

Ms. Marsha Davis, her mother says, “We are thankful for the Educational Staff at Jacksonville State University. Dr. Elizabeth Engley had a direct impact on her success. Lauren states that she feels she was prepared to meet the challenges of a first year teacher because of the education she received.”

Ms. Lauren Davis Named New Teacher of the Year

On Tuesday, April 7, 2009 Ms. Tery J. Medina of the Southeastern Equity Center in Fort Lauderdale, Florida presented three workshops on diversity. The responses from her audiences were overwhelmingly positive.

The next day members of PDK met with Ms. Medina and Dr. John Hammett, Dean of the College of Education and Professional Studies to discuss the next level of action. Dr. Hammett asked Ms. Medina, “What should the college do next to reinforce the diversity workshops at the undergraduate, as well as, the graduate levels?”

Ms. Medina suggested the CEPS begin a collaborative program between the CEPS and the local school districts.

Dr. Hammett suggested having Ms. Medina return to address the area superintendents at a consortium meeting to make them aware of the issues and begin to plan how to address these needs.

Dr. Kingsley O. Harbor Member of the 2009 Oxford Round Table

Dr. Kingsley O. Harbor, head of the Department of Communication at JSU, served as a member of the 2009 Oxford Round Table at the University of Oxford in England. Dr. Harbor’s paper is titled, “Postmodernism and the Decline of Ethics: Proposing a Model for Moral Restoration in the Mass Media.”

The University of Oxford selects a group of professors, scholars, government officials, lawyers, physicians, clergy, and other professionals from across the world to assemble on its campus to discuss issues of global import. The general theme for this year’s Round Table was, “Ethics: The Convolution of Contemporary Values.”

Carrying through with the Diversity Workshops

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Dr. Jimmy Griffin is an Associate Professor in the Department of Health, Physical Education, and Recreation where he serves as the Recreation Leadership degree Program Coordinator. Under Dr. Griffin’s guidance the Recreation Leadership program has grown from approximately 55 majors to over 90 majors and minors. Additionally the Recreation faculty has grown from a department of one to now include two adjunct instructors. Dr. Griffin has been teaching at JSU for 7 years and came to us from Georgia College and State University where he was as an Assistant Professor of Outdoor Education. With a strong expertise in the use of Challenge Courses, Dr. Griffin spearheaded an initiative to install a Challenge Course on our campus. As a result the campus Challenge Course will be ready for business in the Fall of 2009. Known to his students as “Dr. Jimmy,” his leisure pursuits include kayaking, rock climbing, gardening, and triathlon.

On April 22, the JSU Chapter of PDK #0211 held its Spring Initiation. Fifty-five candidates were initiated. This number coupled with the fall initiation of new members makes this chapter number one in new members internationally according to Mr. Christian Chérau, a PDK International Board member, who spoke at the initiation. Mr. Chérau also announced that this marked the Chapter’s 35th year (Chapter #0211 was chartered October, 11, 1973). Present at the initiation was Mr. Mitchell W. McKay, former Jacksonville High School principal and one of the signers of the charter.

Another signer of the charter and his wife were honored at the ceremony. Dr. Charlotte Thornburg presented the Thornburg Award, named for her and Dr. Roland Thornburg. The award recognizes the outstanding cooperating teacher for 2008–2009. The first recipient of the Thornburg Award was Ms. Brigett Vernon, who teaches at Kitty Stone Elementary School. Ms. Vernon had also been the recipient of the PDK Graduation Medallion in 2001, and coincidentally her student teacher, Ms. Ashley T. Campbell was this year’s recipient of the medallion.

PDK Chapter #0211 recognized five high school students at the initiation ceremony. The Chapter recognized Ms. Toni M. Gibbs, of Ranburne High School and Ms. Lindsey R. Bowen of Geraldine High school as PDK Scholarship Award Recipients. The Chapter was notified in a letter from PDK International that Ms. Gibbs has also been selected for a PDK International Award.

Ms. Megan LeAnne Holland of Sardis High School, Ms. Amie L. Mobley of Ranburne High School, and Ms. Danielle M. Piper of Crossville High School were recognized for their community service with the newly named Dennis C. Zuelke Award for Community Service. Dr. Zuelke is a retired professor at JSU and continues to be an active member of PDK Chapter #0211. Dr. Zuelke was a leading force for the establishment of this award, and made the presentations personally.
The SDE is now offering online renewal for currently employed Alabama teachers. Please see the SDE website http://tcert.alsde.edu/OLR/Pages/Login.aspx?redirect=/OLR/Pages/RenewalData.aspx for additional details.

As a reminder, the last date to request recommendation for professional certification in Educational Administration (masters level) for Alabama or any other state is August 31, 2009. Requests received after the deadline can not be processed.

The Georgia Professional Standards Commission will modify their rule regarding Interstate (Out-of-State) Reciprocity (505-2-.15) effective September 30, 2009. This rule change will impact students employed in or seeking employment in Georgia school systems completing programs in Instructional Leadership (MSE) and Educational Leadership (EDS).

Under the new leadership design initiated by this rule, Georgia is modifying portions of the Interstate Agreement (Reciprocity) procedures that deal with the field of leadership. Those educators working in Georgia schools who choose to attend non-PSC approved leadership programs will not be processed under full reciprocity procedures. These individuals will receive upgrades of all existing Georgia certificates to the appropriate degree level under reciprocity. They will NOT, however, be eligible for clear renewable leadership certificates.


JSU alumnus Shannon A. Flounnory (Ed. S., ‘07) and his faculty at Stonewall Tell Elementary School in College Park, Georgia, have embarked on a ground-breaking effort in professional development. Forty teachers at Stonewall Tell submitted initial portfolios to the National Board for Professional Teaching Standards for evaluations pursuant to full National Board Certification.

Mr. Flounnory is committed to rigorous standards to increase student achievement. To meet this goal, Mr. Flounnory collaborated with Dr. Elletta Denson, a teacher at Stonewall Tell Elementary School, who is a National Board Certified Teacher.

Dr. Denson made each staff meeting a professional training session. Then Dr. Denson created a “job embedded” plan for the teachers. Both Mr. Flounnory and Dr. Denson then worked on funding for the teacher’s Board Certification. Hundreds of letters were written in solicitation of funding. Finally, through various sources, the plan came together. The funding for the teachers ($2500 for each teacher) was secured in its entirety again making Stonewall Tell Elementary School the largest cohort ever to pursue full National Board Certification.

March 30, 2009, Stonewall Tell Elementary School teachers submitted their portfolios for review by the National Board for Professional Teaching Standards.

Mr. Flounnory came to education via a non-traditional route. He began his career as a Naval Flight Officer flying the S-3 Viking. After leaving the Navy, he worked in law enforcement as a Metro-Atlanta Rapid Transit Authority (MARTA) officer assigned to gang crime. It was in this employment that Flounnory felt the “tug” to become a teacher. In his off-duty hours, he actually became a substitute teacher and found that he was teaching many of the students that he had formerly arrested. Wanting to impact youth in a proactive manner, Mr. Flounnory used the degree in mathematics to obtain a position as a mathematics teacher. Mr. Flounnory had phenomenal success as a classroom teacher and wanted to continue proactive involvement with children as an instructional leader. To this end, he earned the Master’s Degree in Educational Administration and Supervision from The State University of West Georgia. He then entered the Educational Leadership program at JSU and earned the Educational Specialist Degree. While enrolled at JSU, Mr. Flounnory was selected as the CEPS Department of Educational Resources Student of the Year in 2007.

The SDE News and Georgia Professional Standards Commission News

Goal: the First National Board Certified School

Mr. Shannon A. Flounnory, Principal Stonewall Tell Elementary School
On April 15, 2009, the students in Phyllis Taylor’s EED 362 Science for Children class and the new inductees of Kappa Delta Epsilon led the entire kindergarten at Kitty Stone Elementary School in the Kindergarten Tree Walk. Students in Ms. Taylor’s class planned and executed ten different station activities from the AMSTI (Alabama Math, Science, and Technology Initiative) Kindergarten Tree Unit and led 140 kindergartners through outdoor science explorations involving trees, leaves, and seasons. The explorations were also integrated into art, music, and drama.

The collaborative event was the brainchild of Ms. Lynn Newell, a kindergarten teacher at KSES, and Mrs. Taylor, instructor in EED, who worked closely getting materials together, selecting specific explorations, and then fine-tuning the event logistics. JSU students and kindergartners alike were excited about the outcome of the event, but for different reasons. JSU students received first-hand experience planning and teaching hands-on, inquiry based science explorations, putting to practice skills learned in the classroom while kindergartners had “fun” with trees and tree parts as they learned basic concepts surrounding the tree content material.

Ms. Phyllis Taylor and Ms. Lynn Newell, organizers of the Kitty Stone Elementary School Kindergarten Tree Walk

Quiz: FDR Facts

Mr. Barack Obama’s presidency has frequently been compared to Mr. Franklin D. Roosevelt and his presidency. This quiz focuses on some of the aspects of Mr. Roosevelt’s life and presidency.

1. Franklin D. Roosevelt was a distant cousin of
   a. Theodore Roosevelt
   b. Eleanor Roosevelt
   c. Eleanor Hall
   d. Eleanor Livingston
2. The first piece of legislation that Mr. Roosevelt requested after his inauguration was approved by the House of Representatives in
   a. 100 days
   b. 50 days
   c. 22 hours
   d. 38 minutes
3. Mr. Roosevelt is often criticized for big government. What percentage of the GDP did federal government spending reach at its height during his presidency?
   a. 81%
   b. 51%
   c. 31%
   d. 11%
4. Franklin D. Roosevelt was elected president in
   a. 1932
   b. 1932 and 1936
   c. 1932, 1936 and 1940
   d. 1932, 1936, 1940 and 1944
5. Roosevelt’s dog was at that time “the most photographed dog in the world.” The dog’s name was
   a. Scottie
   b. Fala
   c. Lucey
   d. Teddy

6. President Roosevelt was the first U.S. president to fly in an aircraft while in office. The plane was named
   a. Enterprise
   b. Air Force One
   c. Sacred Cow
   d. Independence

CEPS Publications and Presentations

Dr. Jordan Barkley, Efficacy Beliefs and the Middle School Reader, VDM Verlag, March 2009.

Dr. Dale Campbell & Dr. Judy McCrery, “Teaching Science in the Inclusive Classroom.” Paper presented at a meeting of the Alabama Federation for the Council for Exceptional Children Conference in Birmingham, AL.


Dr. Teresa Gardner, Christy Crosson, DeAnna Highfield, Amy Allen, & Dr. Larry Beard, “Organizing a student chapter at the post secondary level.” Paper presented at a meeting of the Alabama Federation for the Council for Exceptional Children Conference in Birmingham, AL.

Dr. Donna Herring, Dr. Kathleen Friery, Dr. Jimmy Barnes, Dr. Charles Notar, & Dr. Nancy Fox, “Preparing K-12 Teachers to Teach Online.” Poster presentation at the Society for Information Technology and Teacher Education, 20th Annual International Conference, Charleston, SC.

Dr. William Kiser, Dr. Mary Montgomery, Dr. Charlotte Eady, & Dr. Israel Eady, “Instructional Leadership: A Technology-infused Program.” Paper presented at the Society for Information Technology and Teacher Education, 20th Annual International Conference, Charleston, SC.


Dr. Tom Phillips, T. “Does social desirability bias distort results on the Ego Identity Process Questionnaire or the Identity Style Inventory?” Identity, 9, March 2009, 55-62.

Dr. Marsha A. Zenanko & Mr. Mike Zenanko, “Developing Program Goals for Tutoring Programs.” Paper Presented at a meeting of the 5th Annual Conference of the Association for the Tutoring Profession, Albuquerque, NM.

Quiz Sources


William E. Leuchtenberg, Franklin D. Roosevelt and the New Deal (Harper & Row, 1963)