

JSU Department of HPER
Physical Education Program of Study: 128 Hrs. Total

AREA I – Written Composition (6 Hrs in Sequence)

_____	(3) EH 101	English Composition I
_____	(3) EH 102	English Composition II
_____	(3) EH 101H	Honors English Composition I
_____	(3) EH 102H	Honors English Composition II

AREA II – Humanities & Fine Arts (12 Hrs)

Literature Sequence- (3-6 Hrs)

_____	(3) EH 201	American Literature I
_____	(3) EH 202	American Literature II
_____	(3) EH 203	Survey of English Literature I
_____	(3) EH 204	Survey of English Literature II
_____	(3) EH 219	Honors English Literature I
_____	(3) EH 220	Honors English Literature II
_____	(3) EH 231	World Literature I
_____	(3) EH 232	World Literature II

Fine Arts - (3-6 Hrs)

_____	(3) Art 202	Art Appreciation
_____	(3) DR 242	Introduction to Theatre
_____	(3) MU 233	Introduction to Music
_____	(3) FL 101	Beginner's Foreign Language

Speech - (3 Hrs)

_____	(3) EH 141	Oral Communication
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AREA III – Natural Sciences & Mathematics (11 Hrs)

Science Sequence – (8 hrs)

_____	(4) BY 101/103	General Biology/Lab
_____	(4) BY 102/104	General Biology/Lab
_____	(4) CY 105/107	General Chemistry/Lab
_____	(4) CY 106/108	General Chemistry/Lab
_____	(4) GL 241/243	Geology/Lab
_____	(4) GL 242/244	Geology/Lab
_____	(4) GY 250/252	Geography/Lab
_____	(4) GY 251/253	Geography/Lab
_____	(4) PHS 201/211	College Physics/Lab
_____	(4) PHS 202/212	College Physics/Lab
_____	(4) PHS 211/211	Physics Scientists/Engineers
_____	(4) PHS 212/212	Physics Scientists/Engineers

Mathematics – (3 hrs)

_____	(3) MS 102	College Algebra (or higher)
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AREA IV – History, Social & Behavioral Sciences (12 Hrs)

History Sequence – (3-6 Hrs)

_____	(3) HY 101	Western Civilization I
_____	(3) HY 102	Western Civilization II
_____	(3) HY 201	American History I
_____	(3) HY 202	American History II

Social & Behavioral Sciences – (6-9 Hrs)

_____	(3) AN 224	Introduction to Anthropology
_____	(3) EC 221	Principles of Microeconomics
_____	(3) EC 222	Principles of Macroeconomics
_____	(3) GY 120	World Regional Geography
_____	(3) GY 220	Human Geography
_____	(3) PSC 100	American Government
_____	(3) PSY 201	Principles of Psychology
_____	(3) PSY 222	Human Development
_____	(3) SY 221	Introduction to Sociology
_____	(3) CJ 101	Introduction to Criminal Justice

AREA V – Pre-Professional, Major & Electives (87 Hrs)

Pre-Professional Studies (39 Hrs)

May Take These Courses Before Admission To Teacher Education

_____	(2) PE 381	Adapted Physical Education
_____	(2) EPY 332	Educational Psychology
_____	(2) ESE 331	School & Society
_____	(3) EPY 429	Developmental Psychology
_____	EPY 429L	Dev. Psy. Lab (taken concurrently)

Must Be Admitted To Teacher Education To Take These Courses

_____	(2) EIM 410	The Information Age Classroom
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PE Block Courses – Level 3 Clinical Experience

_____	(3) PE 409	Methods of Teaching PE, K-5
_____	(3) PE 410	Methods of Teaching PE, 6-12
_____	(3) PE 411	Practicum in PE, N-12
_____	(3) PE 451	Tests & Measurements in PE
_____	(3) PE 462	Physical Education Program

Clinical Experience – Level 4 Clinical Experience

_____	(3) PE 482	Seminar in Physical Education
_____	(9) PE 487	Internship in Grades N-12

Major Teaching Field (27 Hrs)

Must Take All Of These Courses

_____	(2) PE 101	Introduction to Health & PE
_____	(2) PE 362	Kinesiology
_____	(3) PE 400	Exercise Physiology
_____	(2) PE 415	Biomechanics
_____	(2) PE 460	Motor Development
_____	(2) HLT 232	Sports Safety & Emer Training
_____	(3) HLT 312	Health Problems

Teaching Activities/Coaching Block Courses

Select One to Four Hours From The Following:

_____	(1) PE 150	Beginning Swimming
_____	(3) PE 151	Aqua Aerobics
_____	(2) PE 153	Life Guarding
_____	(2) PE 154	Lifeguard Instruction
_____	(1) PE 155	Community Water Safety
_____	(2) PE 157	Water Safety Instruction
_____	(1) PE 158	Canoeing & Rafting

Must Take All Of These Courses

_____	(1) PE 205	Teaching Dance
_____	(1) PE 206	Teaching Aerobic Fitness
_____	(1) PE 207	Teaching Tumbling
_____	(1) PE 208	Teaching Outdoor Leisure

Select Three Courses From These Team Sports (3 Hrs)

_____	(1) PE 215	Teaching Soccer & Speedball
_____	(1) PE 216	Teaching Softball & Baseball
_____	(1) PE 217	Teaching Volleyball
_____	(1) PE 218	Teaching basketball

Select Three Courses From These Individual & Dual Sports (3 Hrs)

_____	(1) PE 224	Teaching Badminton
_____	(1) PE 225	Teaching Track & Field
_____	(1) PE 226	Teaching Tennis
_____	(1) PE 227	Teaching Archery
_____	(1) PE 228	Teaching Racquetball
_____	(1) PE 229	Teaching Golf
_____	(1) PE 230	Teaching Strength Training

Electives (14 Hrs)

100+ (8 Hrs)

_____	() _____
_____	() _____
_____	() _____

300+ (4 Hrs)

_____	() _____
_____	() _____
_____	() _____
_____	() _____

Other (10 Hrs)

_____	(3) PE 109	Concepts of Wellness
_____	(3) CS 201	Intro. To Data Processing (or TEC 201)
_____	(4) BY 263*	Human Anatomy & Physiology

*BY 263 may substitute for BY 102/104. If this is the case, the student must take an additional 4 hours of coursework to meet the 128 hr. requirement.