Exercise Science & Wellness Program Checklist
2000 - 2003 Catalogue

AREA I Written Composition (6 Hrs in Sequence)

_____ _____	(3) EH 101	English Composition I
_____ _____	(3) EH 102	English Composition 11

AREA II - Humanities & Fine Arts (12 Hrs)*

**Students must complete 6-hour sequence either Literature or History*

_____ _____	(3) EH 141	Oral Communication (3 Hrs)

Plus

Select three of the following courses: (9 Hrs)

_____ _____	(3) Art 202	Art Appreciation
_____ _____	(3) DR 242	Introduction to Theatre
_____ _____	(3) EH 201	American Literature I
_____ _____	(3) EH 202	American Literature II
_____ _____	(3) EH 203	Survey of English Literature I
_____ _____	(3) EH 204	Survey of English Literature II
_____ _____	(3) EH 219	Honors English Literature I
_____ _____	(3) EH 220	Honors English Literature II
_____ _____	(3) EH 231	World Literature I
_____ _____	(3) EH 232	World Literature II
_____ _____	(3, 3) FH 101/102	Beginner's French
_____ _____	(3, 3) FH 201/202	Intermediate French
_____ _____	(3, 3) SH 101/102	Beginner's Spanish
_____ _____	(3, 3) SH 201/202	Intermediate Spanish
_____ _____	(3) MU 233	Introduction to Music
_____ _____	(3) PHY 221	Introduction to Philosophy

AREA III - Natural Science & Mathematics (11 Hrs)

Science Sequence - (8 hrs)

_____ _____	(4) BY 101/103L	General Biology/Lab
_____ _____	(4) BY 102/104L	General Biology/Lab
_____ _____	(4) CY 105/107L	General Chemistry/Lab
_____ _____	(4) CY 106/108L	General Chemistry/Lab
_____ _____	(4) GL 241/243L	Geology/Lab
_____ _____	(4) GL 242/244L	Geology/Lab
_____ _____	(4) GY 250/252L	Geography/Lab
_____ _____	(4) GY 251/253L	Geography/Lab
_____ _____	(4) PHS 201/211 L	College Physics/Lab
_____ _____	(4) PHS 202/212L	College Physics/Lab
_____ _____	(4) PHS 211/211 L	Physics Scientists/Engineers
_____ _____	(4) PHS 212/212L	Physics Scientists/Engineers

Mathematics - (3 hrs)

_____ _____	(3) MS 102	College Algebra (or higher)

AREA IV - History, Social & Behavioral Sciences (12 Hrs)*

**Students must complete a 6-hour sequence in either Literature or History*

_____ _____	(3) AN 224	Introduction to Anthropology
_____ _____	(3) EC 221	Principles of Microeconomics
_____ _____	(3) EC 222	Principles of Macroeconomics
_____ _____	(3) GY 120	World Regional Geography
_____ _____	(3) GY 220	Human Geography
_____ _____	(3) HY 101	Western Civilization I
_____ _____	(3) HY 102	Western Civilization II
_____ _____	(3) HY 201	American History I
_____ _____	(3) HY 202	American History II
_____ _____	(3) PSC 100	American Government
_____ _____	(3) PSY 201	Principles of Psychology
_____ _____	(3) PSY 222	Human Development
_____ _____	(3) SY 221	Introduction to Sociology

AREA V - Pre-Professional, Major, Minor & Electives

Pre-Professional Studies (16 Hrs)

_____ _____	(3) CS 201	Intro. To Data Processing or
_____ _____	(3) TEC 201	Microcomputers
_____ _____	(3) FCS 215	Introduction to Nutrition or
_____ _____	(3) FCS 322	Normal Nutrition
_____ _____	(3) MGT 301	Principles of Management
_____ _____	(3) MS 204	Basic Statistics or
_____ _____	(3) SY 304	Social Statistics
_____ _____	(4) BY 263*	Human Anatomy & Physiology

*BY 263 may substitute for BY 102/104. If this is the case, the student must take an additional 4 hours of coursework to meet the 128 hr. requirement.

Professional Studies (41 Hrs)

_____ _____	(3) PE 109	Concepts of Wellness
_____ _____	(1) PE 165	Intro to ESW
_____ _____	(3) PE 272	Basic Athletic Training
_____ _____	(2) PE 362	Kinesiology
_____ _____	(3) PE 375	Therapeutic Ex and Modalities
_____ _____	(3) PE 400	Exercise Physiology
_____ _____	(3) PE 405	Scientific Prin of Conditioning
_____ _____	(3) PE 406	Physical Fitness Techniques
_____ _____	(2) PE 415	Biomechanics
_____ _____	(3) PE 440	Fitness Testing
_____ _____	(3) PE 441	Design of Wellness Programs
_____ _____	(6) PE 465	Practicum in ESW
_____ _____	(3) HLT 318	Health Ed for Special Pop
_____ _____	(3) HLT 420	Health Aspects of Aging

Departmental Electives with approval of Advisor (6 Hrs)

_____ _____ (___) _____
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Minor and General Electives with approval of Advisor (24 Hrs)**

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**Minors are required and may be selected from any field in which minors are offered except for Physical Education.

NOTE: Of the 128 Total Semester Hours, 52 must be at the 300 level or above.

Students must maintain a minimum 2.00 GPA in order to meet graduation requirements.