

LURLEEN B. WALLACE COLLEGE OF NURSING AND HEALTH SCIENCES

WALLACE HALL

Accredited by:

Commission on Collegiate Nursing Education
One Dupont Circle, NW, Suite 530
Washington, DC 20036-1120
(202) 887-6791

Dean: Sarah V. Latham

Professors: Hembree, Latham

Associate Professor: Williams-Prickett

Assistant Professor: Curry, Elkins, Shelton, Waits, Wilson

Instructors: Bertalan, Bougere, Craven Crawford, Daffron,
DeWeese, Edge, Frank, Gullledge, Helms, Hollingsworth,
Holman, Morrow, Payne, Walker

The Lurleen B. Wallace College of Nursing and Health Sciences is approved by the Alabama Board of Nursing, which entitles its graduates to apply to write the National Council Licensure Examination for Registered Nurses (NCLEX-RN). The College is accredited by the Commission on Collegiate Nursing Education. Accreditation is an indication of public approbation, attesting to the quality of the educational program and the continued commitment of the sponsoring institution to support the program.

Students begin the nursing program by taking academic, prerequisite courses. A separate application is filed to request admission into the clinical portion (upper division) of nursing. The College admits students into the upper division of nursing in the spring and fall of each year. The deadline for submission of application for admission to the upper division of nursing is June 1st for Fall admission and October 1st for Spring admission. Late applications are not accepted. Only students who have been admitted to Jacksonville State University and who meet eligibility requirements are eligible to apply for admission to upper division nursing. Those planning to apply for admission to upper division nursing should contact the Director of Student Services in the College of Nursing and Health Sciences well in advance of the application deadline in order to confirm eligibility.

Entry into the upper division of nursing requires completion of all prerequisite courses with a Prerequisite Grade Point Average (GPA) of 2.50 or above and a minimum grade of "C" in each prerequisite course. If a course is taken more than one time, all grades earned up to and including the first passing grade of "C" or above are used in the calculation of the Prerequisite GPA. Once a passing grade of "C" or above has been earned in a course, that course cannot be repeated for a higher grade. Students who do not meet the above standard are not eligible to apply for entry to upper division. Each student's record will be reviewed as a basis for approval to enter the upper division. The review process may include a personal interview with the candidate, a background check, contact with personal references, and, if the student has been enrolled in other nursing programs, contact with previous nursing faculty. The admission process may also include evaluation of written and verbal communication skills, and evaluation of academic performance measured by instruments such as ACT or critical thinking exams. Students who have English as a second language must present a minimum score of the TOEFL (Test of English as a Foreign Language) exam taken within two years. To be eligible to apply for admission to upper division, minimum scores are: 560 for TOEFL Written (paper based), 220 for TOEFL CBT (computer based), or 83 for iBT (internet based). A student who has been enrolled in any upper division nursing program (RN or LPN) and was unsuccessful in progressing satisfactorily in that program is not eligible to apply. The College of Nursing and Health Sciences reserves the right to limit the number of students enrolled in nursing courses in order to make the most effective

use of the educational resources available. Because of limited resources, admission to the program is competitive; all students who qualify may not be admitted. Students must comply with all College of Nursing and Health Sciences policies for entrance into and continuation in the nursing program, which include but are not limited to, a clear criminal background check and drug screen.

The student is advised to review qualifications for licensure as well as grounds for denial of licensure before beginning the nursing major. Qualifications for RN licensure by examination in Alabama include: high school graduation or the equivalent, as determined by the Board; good moral character, and successful completion of requirements for graduation from a Board-approved registered nurse program (Alabama Board of Nursing Administrative Code 610-X-4-01 and 610-X-8-02.0). While an applicant may meet the above qualifications, final approval to take the licensure examination and become licensed in Alabama is subject to action by the Board of Nursing. A criminal background check may be conducted by the Board at its discretion.

Grounds for denial of an RN license by examination in Alabama include but are not limited to: failure to meet any requirement or standard established by law or by rules and regulations adopted by the Board; engaging in fraud, misrepresentation, deception, or concealment of a material fact in applying for or securing licensure or taking any examination required for licensure; any course of conduct that would be grounds for discipline by the Board under Administrative Code 610-X-8-03 including but not limited to conviction of a felony; conviction of, or entering a plea of guilt regardless of disposition, of a misdemeanor or felony involving moral turpitude or gross immorality (drugs, theft, lewdness, sexual misconduct, abuse, violence, fraud, or any other conduct detrimental to the public's health, safety, or welfare); having been court-martialed or administratively discharged from any branch of the United States Armed Forces for any act of conduct that would be grounds for discipline by the Board under Administrative Code 610-X-8-03; failure to show good moral character as pertaining to nursing; abuse of, or addiction to, alcohol or other drugs, including misappropriation or diversion of drugs from the workplace, testing positive for alcohol and/or unauthorized mood altering drugs; impairment while on duty due to alcohol or drugs; refusal to submit to a drug screen for cause; being mentally incompetent; unprofessional conduct of a character likely to deceive, defraud, or injure the public in matters pertaining to health; any other reasons authorized by law (Code of Alabama, 1975, Section 34-21-25 and Section 34-21-2(1); Alabama Board of Nursing Administrative Code 610 X-8-02 and 610-X-8-03). A criminal and/or drug history could result in denial of permission to take the licensure examination. Applicants must also disclose (on the application to take the licensure exam) arrests that did not result in convictions and attach those court records to the application.

DESCRIPTION OF COURSES

NURSING (NU)

121. **Ethics in Nursing (3).** Examines ethical reasoning and decision-making in relation to moral, legal, and professional standards. Specific issues confronting the health care delivery system will be analyzed.
306. **Pharmacology (4).** *Prerequisite: Acceptance to upper division. Concurrent enrollment in NU 306, 309 and 311 required.* Designed to introduce the nursing student to the basic principles of drug therapy, drug calculations, and drug classifications. Lab required.
309. **Health Assessment (4).** *Prerequisite: Acceptance to upper division. Concurrent enrollment in NU 306, 309 and 311 required.* Focuses upon patient assessment and nursing diagnosis, utilizing the approaches of history-taking and physical examination. Lab required.
311. **Foundations of Nursing Practice (6).** *Prerequisite: Acceptance to upper division. Concurrent enrollment in NU 306, 309 and 311 required.* This clinical nursing course provides the first contact with individuals/families as clients/patients and emphasizes the development of skills in problem-solving, nursing process, communication, and therapeutic nursing interventions. Lab required.

322. **Health Deviations and Clinical Interventions (3).** *Prerequisite: Completion of first semester upper division courses.* An in-depth study of disease processes across the life span. Health promotion and disease prevention will be integrated by emphasizing risk factors and relevant therapeutic approaches to reduce the incidence of acute and chronic health problems.
324. **Child and Family Health (5).** *Prerequisite: Completion of first semester upper division courses.* Course through which students learn to provide nursing care to the child and family across the primary, acute, and tertiary care settings. Emphasis on the promotion of normal growth and development, as well as, restorative and preventative interventions for optimal health. Lab required.
325. **Adult Health in Secondary and Community Settings (5).** *Prerequisite: Completion of first semester upper division courses.* Course through which students learn the responsibilities of professional nursing in providing nursing care to the adult patient with various medical-surgical problems. Lab required.
330. **Death: Nursing Care of the Individual and Family. (3).** *Prerequisite: Admission to upper division and successful completion of first semester upper division.* Designed to allow students to expand their knowledge and understanding for end-of-life nursing care. This course will provide a learning experience to expand the student's knowledge in providing comfort, utilization of special assessment techniques for complex patient symptoms, as well as assisting the family and patient to cope with suffering, grief, loss and bereavement. The course will build upon basic nursing principles and will expand student's working knowledge of legal and ethical principles, ability to analyze the complex issues surrounding dying and barriers to competent end-of-life care.
340. **Professional Practice and Care of the Aging Population (3).** *Prerequisite: Completion of first semester upper division courses.* Provides an overview of the aging process with an emphasis on the development theories, physiological changes and psychosocial concepts related to the older adult.
341. **Concepts of Human Sexuality (3).** Elective in nursing. Selected conceptions and misconceptions of human sexuality are analyzed in relationship to their implications for the professional nurse role.
343. **Concepts of Emergency/Disaster Nursing (3).** Elective in nursing. Course designed to assist students in utilizing knowledge from the biophysical and psychosocial sciences to implement care for patients in the pre-hospital emergency setting.
344. **Perspective in Women's Health (3).** Elective in nursing. Provides an overview of current women's health issues across the lifespan. Course focuses on the social, political, economic, and cultural influences on women's health.
345. **Communication of Ethical Issues (3).** *Prerequisite: Acceptance to STEP Program.* For RN students only. Using ethical decision making as a framework, professional communication will be evidenced through peer critique and scholarly writing. Personal and professional values will be identified through technical, analytical, persuasive, and creative writing.
347. **Lifestyle Strategies for Optimal Health (3).** Elective in nursing. Course designed to assist nursing students in assessing health risks of individuals/families and in intervening appropriately, thus promoting health and reducing risk for disease, disability, and premature death.
350. **Professional Roles (5).** *Prerequisite: Acceptance to STEP Program.* For RN students only. Course designed to assist the Registered Nurse in making the transition to the professional role (BSN).
352. **Health Assessment Across the Lifespan (3).** *Prerequisite: Acceptance to STEP Program.* For RN students only. Provides a foundation for developing a holistic approach as it applies to the physiological, psychological, sociocultural, and environmental health status of individuals. Designed to assist the Registered Nurse with improving communication skills, interview techniques, history-taking, and physical examination techniques in patient/client evaluations.

365. **Pharmacology for Practicing Nurses (4).** *Prerequisite: Acceptance to STEP Program.* For RN students only. This course focuses on current pharmacological concepts for practicing nurses. Emphasis is on current drug classifications, commonly used drugs, assessing client responses to drug therapy, client teaching and nursing interventions related to drug therapy.
400. **Research and Outcomes Management (2).** *Prerequisite: Completion of first and second semesters upper division courses.* Designed to assist students to develop knowledge and skills in the research process, to become consumers of research, and to conceptualize the significance of research as the foundation of evidence-based nursing practice.
404. **Childbearing Families (5).** *Prerequisite: Completion of first and second semesters upper division courses.* Clinical course designed to enable the student to practice the various roles assumed by professional nurses in the provision of family centered maternal-infant care. Lab required.
405. **Community/Mental Health (5).** *Prerequisite: Completion of first and second semesters upper division courses.* Designed to enable students to understand the dynamics of mental health with emphasis on therapeutic care of psychiatric clients/families and therapeutic use of self. Lab required.
422. **Nursing Leadership and Health Policy (3).** Spring 2011 and thereafter this will be a (2) hour class. *Prerequisite: Completion of first and second semesters upper division courses* Provides an overview of concepts of professional leadership and management and their use in the practice setting. Emphasizes organizational structure, management, professional issues, advocacy, health care economics, and health policy.
424. **Adult Health in Secondary, Tertiary, and Community Settings (5).** *Prerequisite: Completion of first, second, and third semesters upper division courses.* Enhances and further develops the student's ability and knowledge to care for adults with complex health problems together with their need for sophisticated nursing interventions. Lab required.
426. **Community Health Across the Lifespan (5).** *Prerequisite: Completion of first, second, and third semesters upper division course.* Enables the student to use an epidemiological approach in coping with health and illness problems of families, aggregates of populations, and communities. Lab required.
428. **Practicum (6).** *Prerequisite: Completion of first, second, third, and fourth semesters upper division course.* Offers the students the opportunity to explore specific areas of interest in the nursing major prior to entering the world of work. Requires completion of coursework supportive of interest area. Lab required.
433. **Advanced Health Deviations and Clinical Interventions (3).** *Prerequisite: Completion of first and second semesters of upper division courses.* Enables students to integrate concepts in pathophysiology, health deviations, nursing interventions, laboratory tests, and pharmacology as these topics relate to populations at risk.
442. **Transcultural Nursing and Healthcare (3).** Elective in nursing. An exploration of theoretical foundations for cultural diversity in health and illness, with emphasis in assessment and analysis of selected cultures as related to nursing and health care practices.
444. **Implementation of Professional Nurse Role (3).** *Permission of Instructor Required.* Experience an in-depth analysis of professional nurse role in selected clinical settings. Credit for ROTC Advanced Camp may be given with approval.
446. **Independent Study (2).** *Prerequisite: Permission of Advisor.* Special project in nursing studies. Pass/fail grade only.
447. **Independent Study (1).** *Prerequisite: Permission of Advisor.* Special project in nursing studies. Pass/fail grade only.
448. **Directed Study (3).** Elective in nursing. Offers the student the opportunity to explore specific areas of interest in nursing in either the theoretical and/or clinical arenas. Requires completion of coursework to support the areas of interest.

- 455. **Transition to Professional Nursing (3).** Fall 2011 and there after this will be a (4) hour class. *Prerequisite: Completion of first, second, third, and fourth semesters upper division course.* Designed to be a capstone course of the baccalaureate nursing program. Emphasis is placed on application of nursing interventions addressing client needs: safe effective care environment (management of care and safety and infection control), health promotion and maintenance, psychosocial integrity, and physiological integrity (basic care and comfort, pharmacological and parenteral therapies, reduction of risk potential, physiological adaptation). Validation of nursing knowledge related to critical thinking, decision making, prioritizing, delegation, problem solving, leadership/management and evaluation is a key component of this course.
- 456. **Population-Based Health Care (6).** *Prerequisite: Acceptance to STEP Program.* For RN students only. Course designed for the Registered Nurse to apply theoretical concepts related to primary, secondary, and tertiary care of families, aggregates, and populations. Emphasis is on the application of the nursing process and education for at-risk aggregates. Clinical experiences will be designed to meet the individual learning needs of the Registered Nurse student.

**Prerequisites for Upper Division in Nursing
(62 Semester Hours)**

The following list of courses is not intended to be a substitute for individual advisement by a College of Nursing and Health Sciences Academic Advisor.

Area I (6 Semester Hours)

- EH 101 English Composition I (3)
- EH 102 English Composition II (3)

Area II (12 Semester Hours)*

- Literature (3)
- Literature (3)
- Fine Art (3)
- EH 141 Oral Communication (3)

*Minimum of 3 hours of literature required (Select from: EH 201, EH 202, EH 203, EH 204, EH 231, EH 232, EH 219, EH 220), a 6-hour sequence of either literature or history is required. Minimum 3 hours Fine Art required (Select from ART 202, DR 242, MU 233, or FL 101). If student chooses only 3 hours of literature, then history must be a 6 hour sequence and an additional 3 hours of approved Fine Art or Humanities will be necessary.

Area III (11 Semester Hours)

- BY 101/103 Intro. Biology I (4)
- CY 105/107 Gen. Chemistry I (4)
- MS 112 Precalculus Algebra (3)

Area IV (12 Semester Hours)**

- History (3)
- History (3)
- PSY 201 Principles of Psychology (3)
- PSY 222 Human Development (3)

** Minimum of 3 hours of history required (Select from HY 101, HY 102, HY 201, HY 202), a 6-hour sequence of either literature or history is required. If student chooses only 3 hours of history, then literature must be a 6 hour sequence and an additional 3 hours of approved social/behavioral science will be necessary.

Area V (21 Semester Hours)

- BY 263 Anatomy and Physiology I (4)
- BY 264 Anatomy and Physiology II (4)
- BY 283 Health Microbiology (4)
- MS 204 Basic Statistics (3)
- FCS 322 Normal Nutrition (3)
- NU 121 Nursing Ethics (3)

Upper Division Nursing Courses
For Students Beginning Upper Division Fall 2009 and Thereafter
(67 Semester Hours)

First Semester (14 Semester Hours)

NU 311 Foundations of Nursing Practice	(6)
NU 306 Pharmacology	(4)
NU 309 Health Assessment	(4)

Second Semester (13 Semester Hours)

NU 324 Child and Family Health	(5)
NU 325 Adult Health in Secondary and Community Settings	(5)
NU 322 Health Deviations and Clinical Interventions	(3)

May Semester (3 Semester Hours)

NU 340 Community-Based Care	(3)
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Third Semester (13 Semester Hours)

NU 404 Childbearing Families	(5)
NU 405 Community/Mental Health	(5)
NU 433 Advanced Health Deviations and Clinical Interventions	(3)

Fourth Semester (12 Semester Hours)

NU 424 Adult Health in Secondary, Tertiary & Community Settings	(5)
NU 426 Community Health Across the Lifespan	(5)
NU 422 Nursing Leadership and Health Policy	(2)

Fifth Semester (11 Semester Hours)

NU 428 Practicum	(6)
NU 455 Transition to Professional Nursing	(3)
NU 400 Research and Outcomes Management	(2)

TOTAL 128 Semester Hours

RN-BSN PROGRAM

The College of Nursing and Health Sciences offers an online educational mobility program for students holding an unencumbered license as a registered nurse. The Strategic Teaching for Enhanced Professional Preparation (STEP) Program offers upper division nursing courses through the use of Internet and clinical projects. Registered nurses should seek individual advisement to determine a specific educational plan. For more information, please contact Dr. Phyllis Waits, RN, MSN, EdD, Director of STEP Program, College of Nursing and Health Sciences, at (256) 782-5423, or (800) 231-5291, or e-mail pwait@jsu.edu. STEP Program information is also available by contacting Ms. Tammy Johnson, BS, MPA, Director of Student Services for the STEP and MSN Programs at (256) 782-8489 or (800) 231-5291 or email at tjohnson@jsu.edu.

Application Deadlines

- **August 1st for Fall admission**
- **December 1st for Spring admission**
- **April 1st for Summer admission**

The following courses are required for registered nurses in the STEP program.

RN-BSN PLAN

REQUIRED NURSING COURSES

The required nursing courses can be completed on-line in three semesters (one calendar year). Using Internet, Blackboard, and other distance learning modalities, the

program is delivered at a time and place convenient to the individual student. The following courses are required for registered nurses in the STEP program.

Semester I

NU 345 Communication of Ethical Issues(3)
 NU 352 Health Assessment Across the Lifespan.(3)
 NU 365 Pharmacology for Practicing Nurses(4)

STEP recognizes the past academic and experiential knowledge of the Registered Nurse. RN students are awarded 35 hours of *Advanced Placement Credit* after successful completion of the first semester courses.

Semester II

NU 350 Professional Roles and Issues(5)
 NU 400 Research/Outcomes Management(2)
 NU 422 Nursing Leadership and Health Policy(3)

Semester III

Nursing Elective.(3)
 Nursing Elective.(3)
 NU 456 Population Based Health Care.(6)

RN-BSN-MSN PROGRAM

The RN-BSN-MSN option allows students to begin their graduate studies while earning the Bachelor of Science in Nursing (BSN) degree. At the time the RN is completing the baccalaureate program of study (STEP), course work in the master’s program can also be completed. By enrolling in the RN-BSN-MSN Option, an RN can earn both a BSN and MSN with 6 fewer total hours than by completing the BSN and MSN programs separately. For more information, please contact Ms. Tammy Johnson, BS, MPA, Director of Student Services for the STEP and MSN Programs at (256) 782-8489 or (800) 231-5291 or email at tjohnson@jsu.edu.